Mean climate and variability of the atmosphere and ocean on an aqua-planet.

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Abstract

Numerical experiments are described that pertain to the climate of a coupled atmosphere-ocean-ice system in the absence of land, driven by modern-day orbital and CO$_2$ forcing. Millennial timescale simulations yield a mean state in which ice caps reach down to 55° of latitude and both the atmosphere and ocean comprise eastward and westward-flowing zonal jets, whose structure is set by their respective baroclinic instabilities. Despite the zonality of the ocean, it is remarkably efficient at transporting heat meridionally through the agency of Ekman transport and eddy-driven subduction. Indeed the partition of heat transport between atmosphere and ocean is much the same as the present climate, with the ocean dominating in the tropics and the atmosphere in middle-to-high latitudes.

Variability of the system is dominated by the coupling of annular modes in the atmosphere and ocean. Stochastic variability inherent to the atmospheric jets drives variability in the ocean. Zonal flows in the ocean exhibit decadal variability which, remarkably, feeds back to the atmosphere, coloring the spectrum of annular variability. A simple stochastic model can capture the essence of the process.

Finally, we briefly review how the aqua-planet can inform us about the processes which set the partition of heat transport and climate of earth.

1 Introduction

In an attempt to improve our understanding of the nature of the interaction between the atmosphere and ocean in setting the climate of the planet, we have begun a series of highly idealized Geophysical Fluid Dynamics (GFD) experiments with a numerical model of the coupled atmosphere-ocean-ice system. Our goal is not to simulate the present climate, or that of any other period in earth history. Rather, it is to study the details of a coupled system in which complications of geography/land-sea distribution are simplified — and in the present aqua-planet entirely removed! — but in which the requisite fluid dynamics are
well described. In this way the coupling of the two fluids can be studied in its most elemental form. Here we explore the extreme limit of a planet which in all other respects is like the present Earth, except there is no land. It is entirely covered with an ocean of uniform depth of 5.2 km. Above the ocean there is an atmosphere which is energized by incoming solar radiation. Furthermore, if conditions permit, ice can form.

Before going on, it should be mentioned that to atmospheric modelers, more often than not, ‘aqua-planet’ is taken to imply an atmosphere coupled to a slab ocean or even a prescribed sea surface temperature (SST) distribution, in the absence of land. For example, Hess et al. (1993) uses an aqua-planet configuration with prescribed SST’s to investigate the sensitivity of the Inter-Tropical Convergence Zone (ITCZ) to various latitudinal distributions of SST; Kirtman and Schneider (2000) and Barsugli et al. (2005) couple an atmosphere to a thermodynamic ocean model and show that tropical precipitation is sensitive to the mean state in the tropics. Here we use ‘aqua-planet’ to mean the full coupling of an atmospheric model to an ocean model, both of which represent dynamics and so can transport properties around the globe. Such calculations have rarely been carried out before. In particular, we are only aware of one published study\(^1\) of a coupled aqua-planet configuration, that of Smith et al (2006). There the emphasis was on the role of ocean circulation in the coupled system, and in particular the importance of geometrical constraints (such as the absence or presence of meridional boundaries) on the ability of the ocean to transport heat around the globe. The pure aqua-planet considered in this paper i.e. in the complete absence of any topographic constraints, is the same as the reference configuration reported in Smith et al (2006), but with rather significant differences in ocean model formulation which lead, it turns out, to very different climate states. Our respective equilibrium solutions are compared as appropriate.

\(^1\)An interesting historical note, brought to our attention by E. Schneider, is the unpublished study by J. Charney and collaborators at MIT during the late 1970’s: see Charney et al (1988), a NASA technical memorandum published after Charney’s death. This describes a coupled system on an aqua-planet with representation of atmosphere and ocean dynamics, but in an axi-symmetric configuration designed to study factors that control the position of the ITCZ over the ocean.
In Section 2 we describe the mean state of the coupled system obtained by integrating forward our numerical model. From what we know of climate dynamics, one might expect — and indeed one finds — that the atmosphere of the aqua-planet is not dissimilar to our own. Differential heating/cooling sets up atmospheric wind systems: we observe a tropical Hadley regime and middle latitude jet streams which break down due to baroclinic instability. Cooling over the poles leads to the formation of ice caps which extend down to a latitude of $55^\circ$ in both hemispheres — see Fig.1. Momentum transport by atmospheric synoptic systems support westerly winds in middle-to-high latitudes and easterlies in tropical latitudes. These winds blow over the ocean, bringing it in to motion.

The absence of boundaries in the ocean, however, yields an ocean circulation pattern that is very different from our own. It comprises zonal jets whose direction is set by that of the prevailing winds above. We observe easterlies in the tropical belt and westerlies in middle-to-high latitudes. The dynamics of these zonal jets is reminiscent of that of the present day Antarctic Circumpolar Current (ACC). The structure of the thermocline is controlled by eddy processes which (due to the tiny Rossby deformation radius in the ocean) must be parameterized rather than resolved. The meridional overturning circulation (MOC) of the ocean is entirely associated with the wind and eddy-driven subduction — there is no ‘thermohaline circulation’ driven convectively from the pole. The MOC comprises residual mean oceanic ‘subtropical’ cells which extend from the equator up to middle latitudes. Together the atmosphere and ocean carry heat from the equator to the pole. We find that the partition of heat transport between the atmosphere and ocean is remarkably similar to the present climate. We discuss why this is so.

In Section 3 we describe the variability observed in the coupled system. Because of the absence of meridional boundaries, there are no persistent east-west temperature gradients and the ‘ENSO’ phenomenon is absent. The leading modes of variability are middle-latitude ‘annular modes’ in which the atmospheric westerlies fluctuate in both strength and position (Thompson and Wallace, 1998). This leads to changes in the zonal wind stress which set up
annular modes in the zonal jets of the ocean too. The ultimate source of the variability of the
coupled system is the ‘shake’ due to the interaction between atmospheric synoptic systems
with the atmospheric zonal jet. However, we find that coupling between the annular modes
in the two fluids leads to a distinct decadal signal in both fluids. A simple stochastic model
of the observed variability is developed and captures the essence of the coupled mechanism.
In Section 4 we conclude, emphasizing what we have learnt that transcend the model used.

2 The coupled model

The coupled model used in this study is the MITgcm (Marshall et al, 1997a,b). Fluid isomor-
phisms are employed to render atmospheric and oceanic models from one hydrodynamical
core, as discussed in Marshall et al (2004). As described in Adcroft et al, (2004), the at-
mosphere and ocean are integrated forward on the same ‘cubed sphere’ horizontal grid at
C32 (each face of the cube is split in to a $32 \times 32$ matrix of cells) yielding a resolution of,
nominally, 2.8° of latitude. The use of the cubed sphere avoids problems associated with the
converging meridians of a lat-lon grid and ensures that the model dynamics at the poles are
treated with as much fidelity as elsewhere.

The atmosphere is of ‘intermediate’ complexity and comprises 5 vertical levels and em-
employs the SPEEDY physics package described in Molteni (2003), comprising a 4-band ra-
diation scheme, a parameterization of moist convection and a boundary layer scheme and
resolved baroclinic eddies. More details can be found in the appendix. The ocean model has
15 vertical levels spread over the flat-bottomed, 5.2 km deep ocean, increasing from 50 m in
at the surface layers to 690 m in the abyss. Diapycnal mixing is represented with a constant
diffusivity of $3 \times 10^{-5} \text{m}^2 \text{s}^{-1}$, somewhat larger, but broadly in accord with observed values
of mixing in the ocean thermocline. Due to our choice of a flat bottom, topographic form
drag plays no role in balacing momentum input from the wind, whereas mountain drag is
the primary momentum sink in the ACC of the present climate. To avoid the generation of
strong barotropic zonal flows, therefore, we employ an enhanced bottom friction (linear drag) parameter which is tuned to damp abyssal currents toward zero. The model parameterizes eddies as an advective and stirring process, using the scheme of Gent and McWilliams (1990, GM) with a transfer coefficient of 800 m$^2$s$^{-1}$. Convective adjustment, implemented as an enhanced vertical mixing of temperature ($T$) and salt ($S$), is used to represent ocean convection. A thermodynamic ice model following Winton (2000) is also incorporated in to the model: there is no advection of sea-ice or ice dynamics. Orbital forcing and $CO_2$ levels are prescribed at present day values. The seasonal cycle is represented: there is no diurnal cycle.

The whole system is integrated forward on a parallel computer, one processor being employed for each side of the atmospheric cube, one for the ocean and one to handle coupling. The system can carry out 1000 y of synchronous coupled integration in two weeks of dedicated integration. Fluxes of momentum, heat and freshwater are exchanged every hour (the ocean model timestep). The model, launched from a state of rest with temperature and salinity distributions taken from a zonal-average ocean climatology, has been integrated out for 4000 y to a quasi-equilibrium (abyssal temperatures are drifting by $\sim 0.1$°C over 100 y) which has no knowledge of the initial conditions. We now describe the mean state of the coupled model obtained by averaging fields over the final 100 y of the integration.

2.1 Mean state

2.1.1 Distribution of temperature, moisture, salt, winds and currents

Fig.2a(left, top) shows the zonal average potential temperature in the atmosphere. We see a tropical region of weak horizontal temperature gradient with, on its poleward flanks, a broad baroclinic zone extending up to the poles in each hemisphere. The poles are very cold (reaching 250 K) and indeed are covered in ice down to latitudes of $\sim 55^\circ$. This is very evident in Fig.2a(left, bottom) which shows the zonal average temperature in the ocean. In polar regions below the ice we see a temperature inversion in the top few 100 m which is salinity compensated — see Fig.2b(left, bottom). The main thermocline of the aqua-planet
ocean is not that dissimilar from our own. We observe a warm lens of fluid bulging down into the subtropics to a depth of \( \sim 1 \) km and markedly thinning in equatorial latitudes coinciding with bands of upwelling. The ocean is well mixed beneath the thermocline and the poles with abyssal temperatures \( \sim 2^\circ \)C. Upwelling at high latitudes draws well-mixed abyssal fluid up toward the surface.

Fig.2a(right) shows the zonal average zonal winds (top) and currents (bottom). Away from boundary layers and the equator, they are in thermal wind balance with the meridional temperature gradients seen in Fig.2a(left). We observe subtropical westerly jet streams reaching 30 m s\(^{-1}\) at 250 mbar and easterlies in equatorial latitudes. At the surface — see Fig.3(top) — we see surface westerlies exerting an eastward zonal stress on the ocean polewards of 30\(^\circ\), with trade winds exerting a westward stress on either side of the equator. It is worthy of note that there are no polar easterlies. Because of the absence of coasts, the ocean comprises zonal jets that flow in the same sense as the stress applied at the surface. They are in thermal wind balance with tilted buoyancy surfaces in the interior of the ocean. As discussed in Section 2.2, the wind stress is carried down the water column by (parameterized) eddy form drag where it is ultimately balanced by ocean bottom stress. Westward flowing surface currents along the equator reach 0.8 m s\(^{-1}\); eastward flowing currents in middle latitudes reach speeds of 0.2 m s\(^{-1}\).

The geometry of the buoyancy surfaces in the ocean is controlled by the pattern of surface stress. The Ekman pumping field set by the curl of this stress pattern explains the large-scale undulations in the subsurface thermocline seen in Fig.2a(left, bottom), with upwelling of cold water in a tropical band demarcated by the zero curl line at \( \pm 20^\circ \). Downwelling between latitudes 20\(^\circ\) and 45\(^\circ\) pumps warm water down from the surface.

The moisture and salinity fields of the coupled system are shown in Fig.2b(left). The specific humidity (top) is large where the air is warm, reaching 15 g kg\(^{-1}\) at low levels in the tropics. It decays with height and latitude. Its ‘mirror image’, the salinity field (bottom) in the ocean, exhibits saline tongues where — see Fig.3(bottom) — evaporation exceeds
precipitation in the subtropics. The excess of precipitation over evaporation in the tropics and high latitudes leads to a salinity minimum at these latitudes. In particular, precipitation over the ice falls as snow, as it accumulates it turns into ice and ultimately melts at the water-ice interface. Consequently we observe very fresh water beneath the ice which stabilizes the temperature inversion observed there.

2.1.2 Meridional overturning circulation

The Eulerian meridional overturning circulation, $\psi_{A,O}$, in the two fluids is shown in Fig.2b(right). In the atmosphere we observe Eulerian-mean Hadley cells symmetrically arranged around the equator, with Ferrel cells in middle and high latitudes. It is interesting to observe that the Eulerian mean overturning circulation in the ocean, $\psi_O$, has exactly the same pattern and sense as in the atmosphere. To the extent that lateral eddy momentum fluxes due to large-scale eddies (parameterized in the ocean, resolved in the atmosphere) can be neglected in the boundary layers of the two fluids, then one would expect that $\psi_A = \psi_O$. This is indeed observed in the tropics (the Hadley regime) but not to the same degree in middle latitudes where $\psi_A$ exceeds $\psi_O$ by about 50% because eddy momentum fluxes associated with synoptic eddies cannot be neglected.\(^2\) Even here, though, the Eulerian overturning strengths in the two fluids are of the same order. We will see in Section 2.3, however, that the eddy-driven mass (bolus) transport in the atmosphere is very much stronger than typical overturning strengths in the ocean, a fact that has great importance for the partition of heat transport between the two fluids.

Fig.4 shows the components of the overturning circulation in the ocean in more detail. The eddy-induced circulation, $\psi_O^*$, tends to oppose the Eulerian mean, $\psi_O$, so that the residual flow

$$\psi_{O_{res}} = \psi_O + \psi_O^*$$  \hspace{1cm} (1)

\(^2\)In all plots of meridional overturning streamfunction we use a Sv redefined as a mass transport equivalent to $\rho_o \times 1$ Sv of volume transport $= 10^3 \text{kg m}^{-3} \times 10^6 \text{ m}^3 \text{s}^{-1} = 10^9 \text{kg s}^{-1}$.)
as its name suggests, is smaller in an absolute sense than the terms that make it up — see Fig.4(bottom). This may be interpreted as follows. The pattern of surface wind-stress pumps the surface buoyancy distribution down in to the subtropics and sucks up abyssal values toward the surface in the tropics and high latitudes. This tilts \( \overline{b} \) surfaces creating a store of available potential energy for baroclinic instability which act to flatten out the mean buoyancy surfaces, \( \overline{b} \), counteracting the wind, as first described in Gill, Green and Simmons (1974). Thus \( \psi^* \) acts in the opposite sense to \( \overline{\psi}_O \), partially cancelling it out. This cancellation is rather complete in middle-to-high latitudes — see Fig.4(bottom).

It is also of note that there is no deep meridional overturning circulation in the ocean emanating from polar latitudes. Although the polar oceans are weakly stratified, a deep-reaching thermohaline circulation driven by polar sinking is not present. This, we believe, is because there are few processes on the aquaplanet that result in a disequilibrium between atmosphere and ocean near-surface temperatures. The ocean is not adjacent to a cold land mass and ocean currents always run zonally and so tend to remain equilibrated with the atmosphere.

2.2 Dynamical interpretation

A simple model of oceanic zonal flows such as the Antarctic Circumpolar Current, has been developed by Marshall and Radko (2003) which, in appropriately modified form, can be used to rationalize the mean oceanic state of the aqua-planet ocean.

The zonal-average, residual-mean momentum equation can be written thus:

\[
-f v_{O_{\text{res}}} = \frac{1}{\rho_{\text{ref}}} \left[ \left( \frac{\partial \tau}{\partial z} + \frac{\partial \tau_e}{\partial z} \right) + A_h \nabla^2 u_{O_{\text{res}}} \right]
\]  

(2)

where \( \tau \) are the applied stresses, (surface and bottom) and

\[
\tau_e = \rho_O f \frac{\partial \overline{\psi}}{\partial z} = f K s_p = f \psi^*_O
\]  

(3)
is the parameterized eddy stress, expressed in terms of the bolus streamfunction $\psi^*_O = Ks$, where $K$ is an eddy transfer coefficient ($\overline{uv'} = -K \frac{\partial \psi}{\partial y}$) and $s = -\frac{\partial \psi}{\partial y}/\frac{d \psi}{dz}$ is the slope of mean buoyancy surfaces. This is the residual-mean interpretation of the GM parameterization — see Ferreira et al (2005). Note that in Eq.(2) we also include a term $A_H \nabla^2 u_{O,\text{res}}$, representing horizontal mixing of momentum which is required in the model to describe frictional (Munk, 1950) boundary layers associated with western boundary currents.\(^3\)

Integrating Eq.(2) w.r.t. height and noting that at the sea surface $\tau = \tau_s$, the surface wind stress, $\tau_e = 0$ and $\psi_{O,\text{res}}(0) = 0$, we obtain:

$$\psi_{O,\text{res}}(y, z) = -\frac{\overline{\tau}}{\psi_{O}} + Ks$$

where

$$\overline{\tau} = \tau_s + \int_{-z}^{0} A_H \nabla^2 u_{O,\text{res}} dz$$

is the mean stress divergence resulting from the wind and small-scale lateral mixing processes over the depth range $-z \rightarrow 0$.

If lateral momentum mixing were negligible, then $\overline{\tau} = \tau_s$ and so $\overline{\psi}_O$ would be independent of depth, and the transport of the surface and bottom Ekman layers would be equal and opposite. However, from Fig.4(top) one can see that the $\overline{\psi}_O$ contours vary rather markedly with depth in the interior, attesting to the non-negligible role of viscosity in the momentum balance of the model.

The zonal average of the residual-mean buoyancy equation is:

$$J (\psi_{O,\text{res}}, \nabla) = \frac{\partial B}{\partial z}$$

---

\(^3\)Note that in the present simulation, in which there are no meridional boundaries, western boundary currents do not exist. However, in subsequent studies (described elsewhere) we introduce a north-south boundary permitting Sverdrup dynamics and ocean gyres and so demanding lateral momentum mixing terms.
where $\mathcal{B}$ are (parameterized) fluxes of buoyancy due to small-scale processes and air-sea fluxes. In the interior one might expect $\frac{\partial B}{\partial z}$ to be small resulting in a coincidence of $\psi_{O_{res}}$ and $\bar{b}$ contours. This is tested in Fig. 4(bottom) where we have superimposed $\bar{b}$ (the grey scale and white contours) on $\psi_{O_{res}}$. We do indeed observe a functional relationship which must be set by surface processes. Arguments presented in Marshall (1997) suggest that $\psi_{O_{res}} = -\frac{\mathcal{B}_s}{\bar{b}_y}$ where $\mathcal{B}_s$ is the net air-sea buoyancy flux and $\bar{b}_y$ is the meridional buoyancy gradient at the sea surface. However, in our numerical model, due to the presence of near-surface mixing processes, such a simple relationship is not found to be useful. Instead we now make direct use of the $\psi_{O_{res}} (\bar{b})$ observed in the model to solve for the structure of the thermocline.

Rearranging Eq.(4) to make the slope of buoyancy surfaces the subject of the equation, we find

$$s_\rho = \frac{1}{K} \left( \psi_{O_{res}} (\bar{b}) + \frac{\tau}{f} \right)$$

(7)

Given the $\bar{b}$ distribution at the surface and the observed functional relationship, $\psi_{O_{res}} (\bar{b})$, solutions for $\bar{b}$ can be obtained by integrating Eq.(7) down from the surface using the method of characteristics described in Marshall and Radko (2003). In Fig. 5, the solution thus obtained is compared with the buoyancy field of the model. There is encouraging agreement showing that the simple dynamical balance given in Eq.(7), which is at the heart of Marshall and Radko’s (2003) theory of the ACC and its overturning circulation, is appropriate to the aqua-planet ocean. It should be emphasized that Eq.(7) is radically different from classical Sverdrup balance which is clearly not applicable to our aqua-planet in the absence of meridional barriers. Here, the depth of the thermocline is fundamentally controlled by eddy processes, as described in Marshall et al (2002): thus if $K$ were set to a larger (smaller) value than the reference of 1000 $m^2 s^{-1}$ as here, the thermocline would be shallower (deeper).
2.3 Heat transport in the coupled system

The meridional heat transport in the coupled model is presented in Fig. 6. We see that the model atmosphere and ocean together transport 8PW poleward, peaking at ±40° of latitude. As noted in Czaja and Marshall (2006), the partition of heat transport between the atmosphere and ocean in the aqua-planet simulation is remarkably similar to that of the present climate, with the atmosphere dominating in middle-to-high latitudes and the ocean dominating in the tropics.

Useful insights into the mechanisms of heat transport in the two fluids can be obtained by writing the meridional heat transport thus (in this case for the ocean):

\[
\rho_o c_o \int_{-H}^{0} v_{Ores} \vartheta dz = -c_o \rho_o \int_{-H}^{0} \frac{\partial \psi_{Ores}}{\partial z} \vartheta dz
\]

\[
= c_o \rho_o \int_{-H}^{0} \psi_{Ores} \frac{\partial \vartheta}{\partial z} dz = \int_{B_{bottom}}^{B_{top}} \Psi_{Ores} dB
\]

where \( \vartheta \) is the potential temperature and we have noted that \( \psi_{Ores} = 0 \) at the limits of integration, made use of the mass transport streamfunction \( \Psi_{Ores} = \rho_o \psi_{Ores} \) (units kg s\(^{-1}\)) and employed a scaled potential temperature (which we can liken to a Bernoulli function) \( dB = c_o d\vartheta \) (units J kg\(^{-1}\)): see also Schneider et al (2006) for a discussion of isentropic diagnostics of the general circulation. It is clear from Fig. 7, where we plot the contributing terms in the ocean heat transport, that Eulerian and bolus contributions oppose one-another, with diffusive processes (neglected in Eq. (8) above) making only a small contribution: the total heat transport is almost all achieved by residual momentum transport. An analogous expression to Eq. (8) can be written down for the atmosphere (see Czaja and Marshall, 2006) where now \( dB \) is interpreted as a change in moist static energy.

Eq. (8) suggests that a key to rationalizing the processes that contribute to meridional energy transport is to understand the distribution of mass transport in energy coordinates.
In particular the ratio of heat transports in the respective fields can be written heuristically as:

\[
\frac{H_A}{H_O} = \frac{\Psi_{A,\text{res}}}{\Psi_{O,\text{res}}} \times \frac{\Delta B_A}{\Delta B_O}
\]

where \(\Psi_{A,O,\text{res}}\) is the meridional mass transport in the two fluids and \(\Delta B\) is the vertical change in energy (moist static energy in the atmosphere, internal energy in the ocean) across the respective meridional overturning circulations.

Fig.8 plots \(\Psi_{A,\text{res}}\) and \(\Psi_{O,\text{res}}\) in energy coordinates from the aqua-planet coupled model — the method of calculation is described in Czaja and Marshall (2006) where it is applied to analysed fields. Here model output rather than analyzed fields are used. First of all note that the residual meridional cell in the atmosphere extends from equator to pole and is dominated by eddy driven transport in middle-to-high latitudes (c.f. Fig.2(right)). Secondly, we see that although the energy contrast across the meridional cells in the atmosphere and ocean is rather similar in middle latitudes, the atmospheric mass transport dominates (by a factor of 4) over ocean mass transport. This is the key to understanding why the atmosphere plays such a dominant role in heat transport in the extra-tropics.

In order to arrive at a more quantitative understanding, let us return to the zonal-average residual momentum balance in the two fluids which can be written

\[-f u_{\text{res}} = \frac{f}{\rho} \frac{\partial \psi_{\text{res}}}{\partial z} = \frac{1}{\rho} \left[ \frac{\partial \tau}{\partial z} + \frac{\partial \tau_e}{\partial z} \right] + \text{Reynold Stress}\]

Integrate from the surface, where \(\tau = \tau_s\) and \(\tau_e = 0\), across the planetary boundary layers of the two fluids to where \(\tau = 0\), neglecting Reynold stress processes in both fluids, we obtain:

\[f \psi_{A,\text{res}} = \frac{1}{\rho_A} \left[ -\tau_s + \tau_{A,e} \right] \quad \text{Atmosphere}\]
\[-f\psi_{O_{res}} = \frac{1}{\rho_{O}} [\tau_{s} - \tau_{O_{c}}] \quad \text{Ocean}\]

Adding the two together we find:

\[f (\Psi_{A_{res}} - \Psi_{O_{res}}) = \tau_{A_{c}} - \tau_{O_{c}} \quad (10)\]

were \(\Psi_{A_{res}} = \rho_{A} \psi_{A_{res}}\) and \(\Psi_{O_{res}} = \rho_{O} \psi_{O_{res}}\) are the mass transports in the two fluids. We now consider two limit cases.

1. In the middle-to-high latitude atmosphere, the residual flow is dominated by eddy processes, so that \(\frac{\tau_{A_{eddy}}}{f \Psi_{A_{res}}} \rightarrow 1\) and Eq.(10) reduces to

\[\frac{\Psi_{A_{res}}}{\Psi_{O_{res}}} \rightarrow \frac{\tau_{A_{eddy}}}{\tau_{O_{eddy}}} \quad (11)\]

Residual-mean theory tells us that the eddy stresses are related to eddy fluxes as in Eq.(3). Moreover, relating the eddy fluxes to large-scale gradients using eddy diffusivities for the respective fluids, Eq.(11) becomes\(^4\)

\[\frac{\Psi_{A_{res}}}{\Psi_{O_{res}}} \rightarrow \frac{\rho_{A} K_{A}}{\rho_{O} K_{O}} \frac{|s_{\theta_{A}}|}{|s_{\rho_{O}}|} \quad (12)\]

where \(s_{\rho_{O}}\) and \(s_{\theta_{A}}\) are, respectively, the slopes of the buoyancy surfaces in the ocean and the slope of isentropic surface in the atmosphere. Inspection of the mean \(\bar{\theta}\) and \(\bar{b}\) fields in the subtropical regions of the atmosphere and ocean (between latitudes of \(30 \rightarrow 60^\circ\)), yields isentropic slopes of \(|s_{\theta_{A}}| \sim |s_{\rho_{O}}| \sim 10^{-3}\). The eddy diffusivities if the respective fluids are (diagnosed) \(K_{A} = 4 \times 10^{6} \text{ m}^{2} \text{ s}^{-1}\) in the atmosphere and (prescribed) \(800 \text{ m}^{2} \text{ s}^{-1}\) in the ocean. Thus Eq.(12) yields: \(\frac{\Psi_{A_{res}}}{\Psi_{O_{res}}} \sim 5\): i.e. an atmospheric mass

\(^4\)Note, a downgradient flux relationship is employed in our ocean model to parameterise eddy fluxes that make up the bolus transport \(\psi^{*}\) — see Eq.(3). Our atmospheric model resolves fluxes due to synoptic-scale systems. Nevertheless, conceptually, it is still useful to express the transfer properties of synoptic eddies in terms of a diffusivity.
transport that is 5 times greater than that in the ocean. We have already noted that in middle latitudes the energy contrast across the atmospheric and oceanic cells are similar to one another \(\frac{\Delta B_A}{\Delta B_O} \rightarrow 1\) and so Eq.(9) tells us that \(\frac{H_A}{H_O} \rightarrow \frac{\Psi_{A_{res}}}{\Psi_{O_{res}}} \sim 5\), a large factor.

2. As the equator is approached, eddy processes become increasingly small in both fluids and so, setting \(\tau_{A_{eddy}}\), \(\tau_{O_{eddy}} \rightarrow 0\), Eq.(10) yields \(\frac{\Psi_{O_{res}}}{\Psi_{A_{res}}} \rightarrow 1\), the result employed by Held (2001). Thus Eq.(9) tells us that \(\frac{H_A}{H_O} \rightarrow \frac{\Delta B_A}{\Delta B_O}\). In the tropics the vertical gradient of moist static energy in the atmosphere is eroded by moist convection [see the moist potential temperature plotted in Fig.2a(left, top)], whereas the tropical ocean thermocline is maintained strong by upwelling of deep water toward the surface. Thus \(\frac{H_A}{H_O} \sim \frac{\Delta B_A}{\Delta B_O} \rightarrow 0\), a rationalization of why the tropical ocean carries more heat poleward than the tropical atmosphere.

Before going on to a discussion of the variability of the coupled system, it is important to note that the mean climate of the aqua-planet solution reported here is rather different from that of Smith et al (2006). Smith et al. report a very warm climate without ice caps and a diffuse thermocline reaching down to 3 km or so and abyssal temperatures of some 18°C. Although a much more sophisticated atmospheric model is employed by Smith et al (2006), we speculate that ocean model formulation is the major cause of these differences. They employ strong horizontal (and hence necessarily) diapycnal mixing of \(T\) and \(S\) and find that diffusive processes dominate ocean heat transport in middle-to-high latitudes. A full 1PW of heat is diffused poleward in the ocean at \(\pm 60^\circ\), evidently melting the ice. Once the ice has melted, the ice-albedo feedback disappears and, in its absence, the coupled system moves in to a much warmer climate. In contrast, in the present simulation with a more physically-based representation of eddy processes (Gent and McWilliams, 1990), which likens eddy transfer to an advective, rather than a diffusive process, diffusion plays a negligible role in the meridional heat transport — see Fig.7. At \(\pm 60^\circ\) the meridional ocean heat flux is only 0.1PW and is entirely advective. Ice remains at the pole during the whole period of the
3 Variability of the coupled climate

3.1 Coupled aqua-planet climate variability

The climate of the aqua-planet shows considerable variability. Its primary source is stochastic forcing by middle-latitude synoptic-scale systems. To study the nature of the variability, we performed an Empirical Orthogonal Function (EOF) analysis of the zonally and yearly-averaged fields of the coupled simulation. The analysis was carried out polewards of 20$^\circ$S using 1000 yrs of data. Fig.9 shows the first EOFs (projected over the whole southern hemisphere) of the zonal wind/current and meridional circulation of the ocean and atmosphere. The principal components (PC) have been normalized to unit variance so that their EOF’s are in physical units and correspond to one standard deviation of the PC.

In each of these fields, variability is dominated by the first EOF which captures between 58 and 87% of the total variance (the second mode explains less than 17% of the variance). The 4 modes shown in Fig.9 co-vary at zero lag with correlations of 0.9 or higher. The zonal wind mode, a dipole centered at about 50$^\circ$S, represents a meridional displacement of the jet stream. We will call the phase shown in Fig.9 the positive phase because it corresponds to a poleward shift of the jet. The meridional shift of the jet is associated with an anomalous meridional circulation largely driven by eddy momentum fluxes (see Robinson, 1991; Hartmann and Lo, 1998; Watterson, 2000) which are balanced by Ekman friction at the ground. The anomalous zonal winds also drive a meridional circulation in the ocean through Ekman pumping (as seen in the 3rd panel of Fig.9). As expected from the continuity of the stress at the air-sea interface, the meridional circulation in the ocean and atmosphere are comparable in strength. The first zonal current mode captures the fast barotropic response of the ocean to surface wind fluctuations: variability in the ocean simply mirrors atmospheric jet fluctuations moving meridionally in phase with the forcing.
Fig. 10 shows the spectra and autocorrelations of the PC associated with the first zonal wind EOF (top panel of Fig.9) and the first air temperature EOF (whose pattern is very similar to that shown in the top panel of Fig.14 below). The spectra have a pronounced peak at a period of around 10 years. Consistently, the autocorrelations decrease sharply with lag with a (small) negative lobe at a lag of 4 or 5 yrs. The spectra and autocorrelation of the PCs associated with the other modes shown Fig.9 are very similar to those shown in Fig.10.

In Fig. 11 we regress the ocean temperature on to the PC of the first atmospheric mode at various lags. At lag 0, the temperature anomaly associated with the atmospheric mode is a dipole. The equatorward propagation of the positive pole is particularly striking while the negative pole at about 35S appears to be subducted and advected poleward below the surface. Although this negative anomaly is strongly damped, there is an indication it upwells near 50S at lag 3. This pathway is consistent with the time-averaged residual-mean circulation (plotted in blue in the lag 3 panel).

The positive pole is advected at about 1.1 cm/s (15 degree of latitude in 5 years). However, the straight line superimposed on Fig.11, shows that this velocity is not uniform: the anomaly seems to move faster between lag 1 and 3, and slower between lag 0 and 1 and lags 4 and 5. Note that, as expected, the first two EOFs of SST form a pair of out-of-phase dipoles, capturing 66% and 23% of the variance. The 1st EOF leads the second one by 2 yr (with a correlation of 0.65). They follow the first zonal wind EOF by 1 and 3 yr, respectively. For conciseness, their patterns are not shown, but are very similar to the SST anomalies seen at lag 1 and lag 3 in Fig.14 below.

To identify the processes that force SST anomalies, in Fig.12 the surface heat flux anomalies and anomalous Ekman advection are regressed on to the PC of the first zonal wind EOF at lag -1, 0, and 1. The Ekman contribution \( (V_{ek} \partial_y T) \) has been converted to a surface heat flux (in W m\(^{-2}\)). By convention, a positive heat flux is downward (warming the SST). Clearly, annual averages are not ideal for such an analysis since the time scales associated with these forcings are typically a month. Nevertheless, at lag 0 we observe that Ekman ad-
3 VARIABILITY OF THE COUPLED CLIMATE

Poleward of 50S, the anomalous westerlies generate Ekman currents directed equatorward (see Fig.9) which advects cold waters and cools the SST while the opposite holds equatorward of 50S. The surface heat flux is observed to damp the SST anomalies at lag -1. Thus in the aqua-planet, the surface heat flux does not participate in the creation of midlatitude SST anomalies. Instead they are induced by Ekman advection. Note that south of 60S we do not observe strong SST anomalies because of the presence of sea ice which shields the ocean from surface heat fluxes. Moreover, the mean SST has no gradients (uniform temperature at the freezing point of -1.8C) thus inhibiting Ekman advection.

Returning to Fig.11, we conclude that SST anomalies are forced by the anomalous wind fields through Ekman advection, damped by surface heat flux and advected equatorward by the mean surface flow. After a time \( L/(2V) \) (\( L \) is the wavelength of the SST anomaly, \( L/2 \) is the distance between the anomaly centers and \( V \) is the surface velocity), the SST anomaly is similar to that seen at lag 0, but with a reversed sign. If the atmospheric forcing had not changed phase, the Ekman advection would then damp the SST anomaly. However, the atmospheric standing mode, having a nearly white spectrum, contains energy at the period \( L/V \) and changes sign every \( L/(2V) \), thus leading to a positive feedback on the SST anomaly, the spatial resonance mechanism of Saravanan and McWilliams (1998, hereafter SM98). We thus observe a spectral peak at period near \( L/V \sim 10 \) years (if \( L = 30^\circ \) of latitude and \( V = 1 \) cm s\(^{-1}\)). This can be clearly seen in the spectra of SST EOF’s shown in Fig.13.

As in SM98, this mechanism does not require a feedback on to the atmosphere. However, there is a hint of a preferred timescale at decadal period even in the atmosphere (see Fig.10). This can only occur through surface heat fluxes associated with SST anomalies. The SST anomalies are generated by Ekman advection and damped by surface heat fluxes, warming/cooling the atmosphere above them. Fig.14 shows the regression of air temperature and SST onto the PC of the first zonal wind EOF at various lags. The air temperature anomaly associated with the atmospheric mode (lag 0) is rather complex. But, in the band of strong air-sea interaction, 60 – 30S, it comprises a large positive anomaly over the height
of the troposphere and a positive anomaly in the stratosphere at about $50^\circ S$. We observe that as the negative SST anomaly moves equatorward it is damped, drawing heat from the atmosphere. At lag 0, there is a small negative air temperature anomaly near the surface at $50^\circ S$. By lag 2, this anomaly has expanded upward over the entire air column. At lag 3, there is a hint of the air temperature pattern associated with a negative phase of the annular mode (i.e. opposite to lag 0). This pattern has a negative air temperature anomaly over the troposphere in the $60 - 30^\circ S$ band, generated by the decay of the SST negative pole, and favors the establishment of a negative phase of the annular mode. We see, then, that the emerging opposite phase of the SST dipole (lag 3 or 4) is associated with its small feedback on to the atmosphere.

**Summary**

1. Atmospheric variability on the aqua-planet is dominated by a stochastic-in-time, fixed-in-space, atmospheric mode which describes the meridional displacement of the jet. This mode drives fluctuations of the meridional overturning cells in the atmosphere and ocean and generates SST and thermal anomalies through Ekman advection on a scale $L$ set by the wind-stress anomaly.

2. The SST and associated thermal anomalies are damped by surface heat fluxes and advected by the mean residual flow in the ocean. A preferred timescale of order $L/V$ arises through the spatial resonance mechanism identified by SM98. This timescale can readily be seen in the SST spectra and auto-correlations shown in Fig.13.

3. The timescale $L/V$ then imprints itself on atmospheric and oceanic fields. Decadal variability observed in the atmosphere is indicative of a slight feedback between the atmosphere and ocean — see Fig.10. This occurs via surface heat flux through the damping of SST and near-surface thermal anomalies as they are advected meridionally by the residual-mean meridional circulation. Decadal variability of the interior ocean is a consequence of subduction of thermal anomalies created at the surface as described
3 Variability of the Coupled Climate

3.2 Simple model

We consider a highly idealized model: a zonal mean atmosphere-ocean extending between $y = 0$ and $y = L$ (correspond to the $60 - 30S$ band of latitude, i.e $L = 3300$ km). A simple equation for the time evolution of the SST anomaly ($T'(y, t)$) represents advection by the mean residual surface current ($V_{\text{res}}$), advection of the mean temperature ($\bar{T}$) by the anomalous Ekman current ($V'_{\text{ek}}$) and a linear damping ($\lambda$) associated with air-sea heat fluxes and other processes:

$$\partial_t T' + \nabla_{\text{res}} \partial_y T' = -V'_{\text{ek}} \partial_y \bar{T} - \lambda T'$$

(13)

The Ekman current is expressed in terms of the surface wind stress $\tau'_x$:

$$V'_{\text{ek}} = -\frac{\tau'_x}{\rho_o f H}$$

(14)

where H is the thickness of the surface oceanic layer.

We suppose that the wind stress has two components:

1. one due to internal atmospheric dynamics independent of the ocean state, modeled as a white noise process in time but with a large-scale standing pattern in space: $N(t) \sin(2\pi y/L)$

2. a second (smaller) contribution induced by SST anomalies: $-\alpha T'$. The SST feedback on to the atmosphere is represented by a linear coefficient $\alpha$, as in Marshall et al (2002).

Hence we write:

$$\tau'_x = N - \alpha T'.$$

(15)

The model set out in Eqs.(13), (14), and (15) is very similar to that of SM98, although the forcing of SST anomalies is here through Ekman advection. It yields an SST spectrum given by (see Appendix for details of the calculation):
\[ |\tilde{T}|^2 = \frac{\delta^2 |\tilde{N}|^2}{k^2 \overline{V}^2 \text{res}} \left[ 1 - \left( \frac{\omega}{k \overline{V} \text{res}} \right)^2 + \Gamma^2 \right]^2 + 4 \left( \frac{\omega}{k \overline{V} \text{res}} \right)^2 \Gamma^2 \]  

where \( \tilde{T}, \tilde{N} \) are the amplitudes of the Fourier components of the temperature and forcing (see Eq.23) at frequency \( \omega \), \( \delta \) is a (negative) coefficient scaling the wind stress into an SST forcing and

\[ \Gamma = \frac{\lambda_{\text{eff}}}{k \overline{V} \text{res}} \]  

is a ratio of advective and damping timescales. Here \( k \) is the meridional wavenumber of the forcing, \( \lambda_{\text{eff}} \) is the effective damping rate which combines the heat flux feedback, \( \lambda \), and the atmospheric feedback, \( \alpha \) — see Eqs.25.

If \( N \) has a white spectrum, \( |\tilde{N}|^2 \) is then independent of the frequency, and the SST spectrum has a maximum when the denominator is a minimum which occurs for

\[ \left( \frac{\omega_m}{k \overline{V} \text{res}} \right)^2 = 1 - \Gamma^2 \]  

Therefore, a spectral peak only exists if \( \Gamma < 1 \): i.e. if the damping time scale is longer than the advective time scale. If such conditions pertain, the spectral peak is obtained at periods somewhat longer than the advective timescale to a degree that depends on the damping time. For \( \lambda_{\text{eff}} \to 0 \), we find the intuitive results that the peak occurs at the period \( T = 2\pi / \omega = L / \overline{V} \text{res} \).

To proceed further we must compare \( k \overline{V} \text{res} \) to the damping time scale \( (\lambda_{\text{eff}})^{-1} \), Eq.(25), which depends on both \( \lambda \) and \( \delta \). Let us first determine the contribution to \( \lambda \) from air-sea heat fluxes. Following Frankignoul et al. (1998), we assume that the air-sea heat flux anomaly \( Q' \) can be decomposed thus:

\[ Q' = N - \alpha T' \]  

(19)
where $N$ is independent of the SST anomaly and $a$ is the heat flux feedback in W m$^{-2}$ K$^{-1}$. Multiplying through by $T'$, the covariance $R_{TQ}$ at lag $\tau$ between $Q'$ and $T'$ is given by:

$$R_{TQ}(\tau) = R_{TN}(\tau) - aR_{TT}(\tau)$$

(20)

where $T$ leads $Q$ and $N$ if $\tau < 0$.

In extra-tropical latitudes, $N$, which is solely controlled by intrinsic atmospheric dynamics, can be modelled by a short time-scale random process. We can then assume that $R_{TN}$ vanishes for negative lags longer than the atmospheric persistence (typically one month) yielding:

$$a = -\frac{R_{TQ}}{R_{TT}}$$

(21)

From 50 years of monthly- and zonally-averaged SST and air-sea heat flux anomalies, $a$ has been estimated at lags of -3 months and -2 months as a function of latitude (not shown). It varies between 5 and 15 W m$^{-2}$ K$^{-1}$. We choose 10 W m$^{-2}$ K$^{-1}$ as a typical value, giving $\lambda = a/(\rho_o c_o H) = 2.4 \times 10^{-8}$ s$^{-1} \simeq (1.2 \text{yr})^{-1}$ if $H$ is 100 m.

If we assume $\alpha = 0$ in Eq.(25), then if $V_{res} k = 1.9 \times 10^{-8}$ s$^{-1}$ we find that $\Gamma \sim 1.4$ and there is no peak in the spectrum given by Eq.(16). We therefore consider the effect of the atmospheric feedback term, $\alpha$ in Eq.(19).

The magnitude of $\alpha$ can be estimated in a similar manner by multiplying Eq.(15) through by $T$:

$$\alpha \simeq -\frac{R_{TTx}}{R_{TT}}$$

(22)

Since $\tau'_x$ represents the atmospheric annular mode, we first compute the EOFs of the monthly- and zonally-averaged zonal wind stress. Once again the annular mode is the leading mode of variability (explaining 65% of the variance). The feedback onto the atmospheric

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5Note that although the heat flux feedback is probably the main contribution to $\lambda$, other contributions have been neglected here: diffusion (a damping), remergerence of the temperature anomalies around 60S (a positive feedback), and anomalous advection by the bolus velocity which sustains SST anomalies (also a positive feedback). Thus our $\lambda$ may be slightly over-estimated here.
circulation is due to large-scale rather than local SST anomalies, and so we also compute the monthly- and zonally-averaged EOFs of SST. The second mode is a dipole forced by the annular variability, just as obtained using yearly data. We estimate the feedback of this mode onto the atmosphere from the above equation evaluated at lags of $\tau = -2$ and $-3$ months and obtain $\alpha = 0.2$. This corresponds to a 0.2 deviation of the annular mode PC for a unit deviation of the SST PC. The amplitude of the annular mode is typically $0.02 \text{ N m}^{-2}$ while that of the SST dipole is $0.2 \text{ K}$, giving $\alpha = 0.02 \text{ N m}^{-2} \text{ K}^{-1}$. Thus if $\delta = 7.7 \times 10^{-7}$ (assuming $f = 10^{-4} \text{ s}^{-1}$, $H = 100 \text{ m}$, $\partial_y \Gamma = 7 \times 10^{-6} \text{ K m}^{-1}$ and using Eq.24) we find that $\lambda_{eff} = \lambda + \delta \alpha = 0.87 \times 10^{-8}$. This implies a $\Gamma = 0.5$ and so we ought to observe a peak in the SST spectrum. Indeed we do. The dotted line in Fig.13 plots the theoretical spectrum, Eq.(16), for $\Gamma = 0.5$ and $Vk = 1.9 \times 10^{-8} \text{ s}^{-1}$, against the observed spectrum of the leading two EOF’s of SST.

We conclude that the slight feedback of SST anomalies on the overlying atmospheric wind-stress, Eq.(15), is essential in acting to reduce (by a factor of 2) the damping rate of SST anomalies in Eq.(25) due to air-sea heat fluxes.

### 4 Conclusions

We have described the climate and variability found in a numerical simulation of an aqua-planet. The atmospheric state is reminiscent of that of the present climate. It comprises baroclinically unstable subtropical jets, a Hadley circulation, middle-latitude surface westerlies and trade winds in the tropics. The ocean circulation, however, is very different from our own. In the absence of meridional barriers, it comprises zonal jets which follow the direction of the prevailing surface stress. The dynamics is captured by the residual-mean theory of Marshall and Radko (2003) in which the depth of the thermocline is controlled by eddy dynamics. The extra-tropical ocean circulation has a dynamics that is somewhat analogous to that of the present-day Antarctic Circumpolar Current. The Eulerian-mean flow is almost
completely cancelled by the eddy bolus transport. Outcropping isopycnals at these high
latitudes dive down deep in to the interior ocean only to outcrop in the other hemisphere.
Ocean mixing processes thus act on rather weak interior stratification and so cannot support
a significant residual circulation on isopycnals that only outcrop at high latitudes. At lower
latitudes, however, subducted isopycnal surface are drawn right up toward the surface in the
same hemisphere to form the tropical thermocline. Mixing processes acting on the strong
tropical stratification can now support a significant residual circulation. These are the aqua-
planet’s analogy of subtropical cells, driven by the trade winds with eddy processes playing
a secondary role.

Study of the meridional heat transport on the aqua-planet reveals that the above proper-
ties of the meridional overturning circulation of the ocean are key to its ability to transport
heat meridionally. The vigorous subtropical cells are very active transporters of heat, the
weak (residual) overturning cells of middle-to-high latitudes very inefficient in transporting
heat. This inability of the ocean to transport heat to polar latitudes leads to the formation
of polar ice caps which is a primary feature of the aqua-planet climate. The polar ice has
a major impact on the planetary albedo and demands that the coupled system transport a
very significant amount of heat poleward ($\sim 8$PW) to maintain equilibrium.

The simulated partition of heat transport between the atmosphere and ocean on the
aqua-planet is remarkably similar to the present climate. We have argued here (and else-
where — Czaja and Marshall, 2006) that this is a consequence (see Eq.9) of very robust
properties of the coupled system: in tropical latitudes, the parity of meridional mass trans-
ports in the two fluids in tropical latitudes but dominance of oceanic stratification over that
of the atmosphere; in middle-to-high latitudes, the dominance of atmospheric meridional
mass transport over that of the ocean, with roughly equal energy differences across these
circulations. It is hard to conceive of a climate in which these properties of the respective
stratifications and mass transports could be very different. Hence we conclude that gross
features of the partition of heat transport between the atmosphere and ocean are very robust.
A focus of our study has been the variability of the aqua-planet climate and the extent to which that variability is coupled. In the absence of a meridional boundary, there can be no tropical warm pool or cold pool and so the ENSO phenomenon is absent. Variability is driven from middle-latitudes via atmospheric annular modes which are internally generated through the interaction of the atmospheric storm track with the zonal flow. This manifests itself as a ‘wobbling’ of the middle-latitude jet stream and its associated surface wind-stress. Variability in the zonal stress acting on the ocean drives variability in the strength of the oceanic zonal jets creating annular modes in the ocean. We observe strong coherence between the zonal jets in the atmosphere and ocean from annual to centennial timescales.

The stochastic-in-time, fixed-in-space variability is imposed on underlying ocean driving SST variability. Through the mechanism described in SM98, coupled variability becomes enhanced in power at decadal timescales given by $\frac{L}{V}$ where $V$ is the strength of the mean meridional ocean current advecting anomalies and $L$ is the lateral scale of the Ekman forcing generating those SST anomalies. Remarkably this decadal timescale feeds back on the atmosphere above, coloring the spectrum of atmospheric variability giving it a slight, but not insignificant, enhancement of power at decadal timescales. It is not clear whether the coupled mechanism explored here is at work in the present climate, although if it were, the southern ocean would be a likely place to study.

Finally one might hope that the key features of the aqua-planet climate described here might be somewhat insensitive to model formulation and implementation details. Unfortunately, the only other published result — that of Smith et al (2006) — finds a very different climate state. As discussed in Section 2.3, we believe differences in ocean model formulation are the primary reason for these discrepancies. Further study with different models will be required to determine whether this is indeed the case. Perhaps a coupled aqua-planet model intercomparison project is called for, in the spirit of Neale and Hoskins (2000), but in which the ocean beneath is allowed to move!

We are currently using the aqua-planet climate as a reference solution for coupled cal-
calculations of the kind described in Smith et al (2006), in which the ability of the ocean to transport heat around the globe is placed under geometrical constraints by the introduction of, for example, meridional boundaries with and without gaps.

5 Appendix

5.1 Details of the atmospheric physics package

The atmospheric physics package developed by Molteni (2003) is well suited to exploratory climate simulation and based on the same physical principles as ‘state of the art’ models. It is sufficiently concise that a single person can grasp it in its entirety but, as illustrated in section 4, exhibits considerable realism. Briefly, it utilizes the following limited set of modules parameterizing key processes:

- **Surface fluxes of momentum and energy** Fluxes are defined by bulk aerodynamic formulae with different exchange coefficients between land and sea. Coefficients for (sensible and latent) heat fluxes also depend on the vertical gradient of potential temperature between the surface and the lowest model level.

- **Convection** A simplified mass-flux scheme is activated when conditional instability is present (namely, where saturation moist static energy decreases with height between the planetary boundary layer (PBL) and the two upper-tropospheric layers), and where relative humidity in the PBL exceeds a fixed threshold. The cloud-base mass flux (at the top of the PBL) is such that the PBL relative humidity is relaxed towards the threshold value. Detrainment occurs only at the cloud-top level (determined by the conditional instability criterion), while entrainment occurs in the lower troposphere if the cloud top is at the highest tropospheric level. The air in the updrafts is assumed to be saturated.

- **Large-scale condensation** When relative humidity exceeds a fixed threshold, specific humidity is relaxed towards the corresponding threshold value, and the latent heat content removed from the atmosphere is converted into dry static energy.
Cloud cover Cloud cover is determined diagnostically from the maximum relative humidity in an air column including all tropospheric layers except the PBL.

Short-wave radiation SW radiation is reflected by clouds at the top of the troposphere and at the surface; the cloud albedo is proportional to the total cloud cover. SW transmissivity is a function of layer mass, specific humidity and cloud cover.

Long-wave radiation A four-band LW scheme is used, one for the atmospheric ‘window’ and the remaining four for the absorption by water vapor and carbon dioxide, dependent on the mass and humidity of the layers.

Vertical diffusion (shallow convection) Vertical diffusion only acts between the two lowest model layers. Dry static energy and specific humidity are diffused when a conditional instability criterion is satisfied. Otherwise, only humidity is diffused, at a slower rate.

5.2 Solution of the idealized coupled model

In the spirit of Saravanan and McWilliams (1998), combining Eqs.(13), (14), and (15), and taking the Fourier Transform leads to:

\[
(-i\omega + \lambda_{eff} + \nabla_{res}\partial_y)\tilde{T} = \delta \tilde{N} \sin(ky)
\]

where \(\tilde{T} = \tilde{T}(\omega, y)\) and \(\tilde{N} = \tilde{N}(\omega)\) and

\[
\delta = \frac{\partial_y \tilde{T}}{\rho_o f H}
\]

is a (negative) coefficient scaling the wind stress into an SST forcing and

\[
\lambda_{eff} = \lambda + \delta \alpha
\]

is the effective damping combining the heat flux feedback \(\lambda\) and the (scaled) atmospheric feedback \(\alpha\). Since \(\delta\) is negative, the effective damping is smaller than \(\lambda\) if \(\alpha > 0\).
Eq.(23) can further be simplified to:

\[
\left( \frac{1}{k} \partial_y + A \right) \tilde{T} = B \sin(ky)
\]  (26)

where \( A = \frac{\lambda_{\text{eff}}(t-i\omega)}{k V_{\text{res}}} \) and \( B = \frac{\delta \tilde{N}}{k V_{\text{res}}} \).

We know the solution is of the form:

\[
\tilde{T} = a_1 e^{-Ay} + a_2 \cos(ky) + a_3 \sin(ky)
\]  (27)

The coefficients \( a_2 \) and \( a_3 \) are determined by substituting the form (27) into Eq.(26) while \( a_1 \) is obtained from the boundary condition \( T'(0, t) = 0 \) (since at the sea ice edge SST variability is close to zero). The solution is then:

\[
\tilde{T} = \frac{B}{1 + A^2} \left[ e^{-Aky} - \cos(ky) + A \sin(ky) \right]
\]  (28)

and is made up of two parts: the first \( \frac{B}{1 + A^2} \) factor only depends on frequency, the second term in square brackets includes a spatial modulation. Eq.(16) is the spectrum of the frequency-dependent first term.

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7 References


165–188.


8 Figures
Figure 1: (top) A snapshot of atmospheric temperature at 500mb revealing the presence of synoptic systems. (bottom) The sea surface temperature and ice distribution. The underlying cubed sphere grid can be seen.
Figure 2: Time mean, zonally-averaged (a) (left) potential temperature (continuous line) and moist potential temperature (dotted line) in the atmosphere (top in K) and ocean (bottom in °C) (right) zonal wind in the atmosphere (top in m s⁻¹) and ocean (bottom in m s⁻¹). (b) (left) specific humidity q (top in g kg⁻¹) and salinity S (bottom in psu). (right) Eulerian-mean overturning circulation in the atmosphere (top in Sv ≡ 10⁹ kg s⁻¹) and for the ocean (bottom in Sv). A positive streamfunction denotes a clockwise circulation.
Figure 3: The zonal-average (top) zonal surface stress in N m$^{-2}$ (middle) net heat flux in W m$^{-2}$ – negative is in to the ocean (bottom) freshwater flux ($E - P$) in mm d$^{-1}$. 
Figure 4: Components of the time-mean overturning circulation in the ocean $\psi_{O_{res}} = \overline{\psi}_{O} + \psi^{*}_{O}$ (in $Sv = 10^9$ kg s$^{-1}$). (top) Eulerian mean $\overline{\psi}_{O}$ (middle) Bolus transport $\psi^{*}_{O}$ (bottom) Residual transport $\psi_{O_{res}}$. The buoyancy field, represented by the grey scale and the white lines, is superimposed.
Figure 5: Solutions for $\bar{b}$ (black lines) obtained by integrating Eq.(7) down from the surface using the method of characteristics described in Marshall and Radko (2003). These are to be compared to the buoyancy field from the ocean model (shown by the white lines and grey shading: units in kg m$^{-3}$).
Figure 6: The total meridional energy transport on the aqua-planet (in PW) and the contributions from the atmosphere and ocean.
Figure 7: Terms contributing to the total ocean heat transport (in PW): Eulerian, bolus and diffusive contributions.
Figure 8: Mass transport in energy coordinates derived on the aqua-planet. The contour interval is 10Sv. Positive contours indicate a clockwise sense of overturning circulation. This should be compared to Fig.9 of Czaja and Marshall (2006), which shows the same fields computed from analysed fields of the current climate. Note that $\Delta B$ has the same scale in both fluids, but the absolute value is arbitrary: it has been chosen so that the overturning cells in the respective fluids conveniently lie over one another.
Figure 9: First EOFs of (from top to bottom) zonal wind (in m s\(^{-1}\)), atmospheric meridional streamfunction (in Sv=10\(^9\) kg s\(^{-1}\)), oceanic streamfunction (in Sv), and zonal current (in cm s\(^{-1}\)). Annually-averaged data from 1000 years of the coupled run were used, detrended before analysis. A positive overturning streamfunction denotes a clockwise circulation.
Figure 10: Spectra and auto-correlations of the PCs associated with the first EOFs of zonal wind (black lines) and air-temperature (grey lines). The 95% confidence intervals are indicated by the vertical lines.
Figure 11: Regression of the ocean temperature onto the PC of the first zonal wind EOF at different lags (in years) over the top 300m or so of the ocean. A positive lags indicates the atmosphere leads the ocean. The blue contour indicate the averaged residual streamfunction (the contour interval is 5Sv). The slanting line striking through the panels, joins the center of the SST anomalies and implies a speed of $\sim 1$ cm s$^{-1}$. 
Figure 12: Regression of the surface heat flux anomaly (in $W\,m^{-2}$, dotted), the anomalous Ekman advection ($V_ek\partial_y T$, solid black, converted to a surface heat flux), and SST anomaly (solid grey, in K multiplied by 10) onto the PC of the first zonal wind EOF at different lags in years. A positive lag indicates the atmosphere leads the ocean.
Figure 13: Spectra and autocorrelation of the first two EOF’s of SST. The dotted line plots the theoretical spectrum, Eq.(16), for $\Gamma = 0.5$ and $V_{res,k} = 1.9 \times 10^{-8}$ s$^{-1}$. The 95% confidence intervals are indicated by the vertical lines.
Figure 14:Regression of the air temperature (contours) and SST (bars) anomalies on to the PC of the first zonal wind EOF at different lags (in years). The zonal wind leads air temperature and SST for positive lags. For air temperature, the negative and positive contours are blue dashed and red solid, respectively. The zero contour is highlighted: the contour interval is 0.1 K at lag 0 and 0.05 K otherwise. Note the changing range of the SST scale.